



Insula

Županijska specijalna bolnica
za psihijatriju i rehabilitaciju

Service Price List OUTPATIENT PHYSICAL THERAPY

Service	Duration	Price (HRK)	Price (EUR)
Medical massage	45 min	170,00	22,56
Medical massage	60 min	220,00	29,20
Partial massage	30 min	120,00	15,93
Physiotherapy examination	20 min	150,00	19,91
Spine physiotherapy program	45 min	170,00	22,56
Shoulder physiotherapy program	45 min	170,00	22,56
Fist and elbow physiotherapy program	45 min	170,00	22,56
Hips physiotherapy program	45 min	170,00	22,56
Knees physiotherapy program	45 min	170,00	22,56
Feet physiotherapy program	45 min	170,00	22,56
Physiotherapy program for facial paresis	45 min	170,00	22,56
Individual physiotherapy exercise program	30 min	120,00	15,93
Individual physiotherapy exercise program	45 min	170,00	22,56
Group exercises twice a week	45 min	250,00/mo.	33,18/mo.
Patient/client education	20 min	120,00	15,93
Ultrasound therapy	10 min	50,00	6,64
Magnetotherapy	10 min	40,00	5,31
Interference currents	10 min	40,00	5,31
Diadynamic currents	10 min	40,00	5,31
Galvanic currents	10 min	40,00	5,31
TENS electrotherapy	10 min	40,00	5,31
Laser	10 min	60,00	7,96
Thermal procedure	10 min	50,00	6,64
Cryotherapy	3-5 min	25,00	3,32
Electrostimulation of muscles	10 min	50,00	6,64
Electrostimulation of the facialis	10 min	70,00	9,29
Functional magnetic stimulation	20-30 min	200,00	26,54
Medical exercises for strengthening the pelvic floor muscles 30 min + FMS (Functional Movement Screen) of the pelvic floor muscles 20 min	30+20 min	250,00	33,18



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Medical exercises for strengthening the pelvic floor muscles 30 min + FMS (Functional Movement Screen) of the pelvic floor muscles 20 min + full body massage 30 min	30+20+30 min	340,00	45,13
Medical exercises for strengthening the pelvic floor muscles 30 min + FMS (Functional Movement Screen) of the pelvic floor muscles 20 min + full body massage 60 min	30+20+60 min	380,00	50,43
Acupuncture therapy	30 min	200,00	26,54
Acupuncture therapy as a part of basic or advanced service packages for painful conditions of the neck or lower back	30 min	100,00	13,27
SERVICE PACKAGES			
Advanced service package for strengthening the pelvic floor muscles (10 treatments per person): Medical exercises for strengthening the pelvic floor muscles 30 min + FMS (Functional Movement Screen) of the pelvic floor muscles 20 min	10 treatments 30+20 min	1.500,00	199,08
Basic service package for strengthening the pelvic floor muscles (5 treatments per person): Medical exercises for strengthening the pelvic floor muscles 30 min + FMS (Functional Movement Screen) of the pelvic floor muscles 20 min	5 treatments 30+20 min	750,00	99,54
Advanced service package for strengthening neck and shoulder girdle muscles (10 treatments per person): Exercises for neck and shoulder girdle muscles 30 min + partial massage (neck, shoulders, arms) 30 min + ultrasound therapy, TENS 30 min	10 treatments 30+30+30 min	1.500,00	199,08
Basic service package for strengthening neck and shoulder girdle muscles (5 treatments per person): Exercises for neck and shoulder girdle muscles 30 min + partial massage (neck, shoulders, arms) 30 min + ultrasound therapy, TENS 30 min	5 treatments 30+30+30 min	750,00	99,54
Advanced service package for painful lower back (10 treatments per person): Exercises for painful lower back 30 min + FMS (Functional Movement Screen) on painful lower back 20 min + massage of painful lower back 30 min	10 treatments 30+20+30 min	1.500,00	199,08
Basic service package for lower back pain (5 treatments per person): Exercises for painful lower back 30 min + FMS (Functional Movement Screen) on painful lower back 20 min + massage of painful lower back 30 min	5 treatments 30+20+30 min	750,00	99,54
Acupuncture (10 treatments per person)	10 treatments 30 min	1.500,00	199,08

Conversion rate: 1 EUR = 7,53450 HRK

Service price list is valid from August 30, 2022.

For further information please refer to +38551750658, +38551490834 or spec.prijem@sb-insula.hr